



# Endless PossABILITIES

## BEHAVIOUR INTERVENTION & THERAPY SERVICES

Volume 1, Issue 2  
Fall 2009

### Newsletter

*A specialized treatment centre offering children options for better learning and coping skills.*

#### MISSION STATEMENT

*We are committed to excellence in program delivery and the success of each and every child we work with. Our passionate and dedicated staff strive to achieve every treatment objective using the most innovative and creative strategies possible.*

*We measure our success by your child's gains!*

#### Special points of interest:

- Centre Open
- Autism News
- Fall Social Skills Program (SSP)
- Workshops—Discovery Studios
- Get Informed

## New Centre Officially Open!

We are happy to announce that the new Endless PossABILITIES centre is officially open on Leslie Street in Newmarket. Our new centre is equipped with an ABA/IBI classroom, a gym, and separate office space in order to provide effective service.

Our location now has the facilities to provide: ABA/IBI Classroom Instruction with in-class support, all day Saturday Social Skills Program and Kiddie Workshops. We

are currently accepting new families, so please feel free to contact us.

The open house was a success! It included a ribbon cutting ceremony with Councillor Victor Woodhouse, a few words from one of the parents and a newspaper interview. The open house event for Endless PossABILITIES appeared in the Newmarket Era Banner, and we are happy that our centre is able to reach more families.

We thank everyone who was able to attend the open house, and



invite you to stop by and take a look around the new centre!

#### Inside this issue:

<i>New Centre Officially Open</i>	1
<i>Fall Social Skills Program</i>	2
<i>Workshops—Discovery Studios</i>	2
<i>School Support—Plan Ahead</i>	2
<i>Autism News— Toys "R" Us Toy Guide</i>	3
<i>Get Informed—1 in 110 diagnosed with Autism</i>	3
<i>Did you Know???</i>	3
<i>Check your Knowledge</i>	4

## Social Skills Program (SSP)

### Fall SSP—



Trip to Brook's Farm.

In the Fall Social Skills Program the children were taught many different skills, such as *taking turns, emotions, initiating play and sharing with peers*. As well as, *listening skills, pretend play, following instructions, helping others and sharing in a group*.

The children had a great time on the field trips and activities included in the Fall program. An afternoon trip to Brook's Farm brought a lot of excitement and quite a few spontaneous remarks, with a train ride, animals and climbing the hay stack. The pretend play was a great deal of fun as the children required minimal prompts to pretend to be shopping and purchasing ice cream. Their developing

motor skills were displayed during an obstacle course and a long hike in the park. During the Halloween party the children went trick-or-treating at the candy store, did arts and crafts and watched a movie to enjoy the holiday. A trip to the library included reading books, listening to book-on-tape and playing computer games, all displaying their follow instruction skills. The games component of an afternoon was a big success, particularly the water play centre, puzzles and active story book centre. Aerobics to Michael Buble songs was entertaining for both children, as they got to listen to music and dance.

The Fall social skills program was over all a great triumph and great fun, with lots of improved skills and exciting activities!

## Workshops—Discovery Studios

Once the new location is opened, we will be offering workshops Monday to Thursday for an hour (3:45-4:45 p.m.). For the time being we will introduce four different workshops but these may change from time to time depending on interest and registration.

- Yoga
- Music Therapy
- Dance Movement
- Mish Mash (baking, painting, arts & Crafts, etc.)

Once we begin, we will offer the following:

If you would like to know more about these workshops, be sure to contact us at (905) 715-7771 or [info@endlesspossabilitis.ca](mailto:info@endlesspossabilitis.ca)



## School Support

Inclusion of a child with developmental delays into a classroom has its challenges. Research shows children with autism make little gains in a regular classroom without proper support. Given IBI in the classroom is impractical and often not part of the

school mandate, we collaborate with the school to identify and target your child's area of need. We then structure supported inclusion by developing an individualized plan targeting these areas, and implement strategies to reduce

interfering behaviours. With classroom teacher cooperation, classroom introduced interventions that benefit the whole class as well as your child, is also recommended. Targets range from following routine in classrooms, to attending, peer interaction and successful completion of classroom assignments in a group or independently.



# Annual Toy Guide for Differently-Abled Kids

Toys “R” Us releases their annual toy guide that offers suggestions and safe play tips for children with special needs.



Each year Toys “R” Us creates a guide that matches specific skills sets to toys in an easy to use selection guide.

This year Toy “R” Us has included a section of critical safety tips for parents and caregivers.

Toys “R” Us has been a long time supporter of organizations that help the special needs community. The Toys “R” Us Children’s Foundation supports Autism

Speaks, along with many other organizations.



## Get Informed

**New Study in Paediatrics puts Autism Prevalence at 1 in 110 American children, 1 in 70 boys.**

Log onto the Autism speaks website and read this headline.

Follow link:

[http://www.autismspeaks.org/donate/we\\_need\\_answers.php](http://www.autismspeaks.org/donate/we_need_answers.php)

## Did you Know???

We offer a variety of services both centre and home based for the following exceptionalities.

- Autism Spectrum Disorder
- Aspergers Syndrome
- Pervasive Development Disorder (PDD)
- ADD/ADHD
- Developmental Delays

- Dyslexia
- Academic Delays
- Downs Syndrome

**We specialize in.**

- ABA/IBI/Verbal Therapy
- Academic Tutoring
- Direct Instruction
- Social Skills Program



- Supported Inclusion
- Classroom Instruction
- Daycare Support
- Toddler Classes
- Assessments (ABLLS & Academic)
- Specialized Trainings
- Community Based Programming

*Call us for more information .*



**Check us out !**

[www.endlesspossibilities.ca](http://www.endlesspossibilities.ca)

*Endless* Poss**ABILITIES**

BEHAVIOUR INTERVENTION  
& THERAPY SERVICES

*Providing the building blocks to better learning!*

***Servicing Children  
in the Regions of:***

**Toronto  
GTA  
York Region  
Simcoe South  
Durham  
Peel**

Unit No. 22  
17817 Leslie Street  
Newmarket, Ontario  
L3Y 8C6

**Phone:** (905) 715-7771

**Email:** [info@endlesspossibilities.ca](mailto:info@endlesspossibilities.ca)

*... making footprints in the sand!*

## Check your Knowledge—

Answer the following questions and check our next issue for the answers.

1. What is ABA?
2. What is the most effect treatment for Autism?
3. What does EIBI mean?
4. Who coined Autism?
5. What is a reinforcer?
6. What does PEC mean?
7. What is the most effective way to reduce attention seeking behaviour?
8. What is Autism?
9. Name two characteristics of autism.
10. Do all children with Autism have language deficits?

